
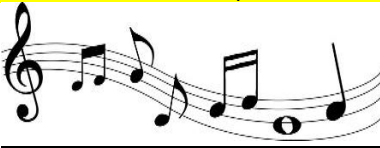



December 2018

Memory Care at Sanctuary at St. Cloud

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 National Bacon Day	31					1
10:00 Sunday Sing Along 10:30 Making BACON yum! 11:00 Walking Club 12:00 VIKINGS GAME 2:10 Dice Games 2:45 Afternoon Snack 3:15 Cards/Puzzles 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Motown Music Hour 10:00 Froggy Dice 10:40 Rhyme or Reason 11:20 Exercise with Daron 1:30 Pokeno 2:40 Darts 3:25 Out Burst 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Cutting Coupons	Wellness Clinic will be held on the second Tuesday of each month at 9am in the Dining room. 	All Activities are subject to change. Activities with \$\$, will require extra funds.  AL- Activity will take place in Assisted Living Activity Room- staff will escort		Spiritual offering will be available for all Mondays at 11am.	8:30 Music of the 40's 10:00 Manicures 10:30 Jogging Memories 11:00 Exercise with Daron 11:30 National Celebrations Day 2:45 Movie and Popcorn 3:30 Afternoon Word Finds 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort
2	3	4 National Cookie Day	5	6	7	8
10:00 Sunday Sing Along 10:30 Sunday Crossword Puzzles 11:00 Walking Club 2:10 Dice Games 2: 45 Hot Chocolate and cookies 3:15 Cards/Puzzles 3:25 VIKINGS GAME 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Motown Music Hour 10:00 Makin Bacon Dice 10:40 Rhyme or Reason 11:20 Exercise with Daron 1:30 Pokeno 2:40 Darts 3:25 Out Burst 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Cutting Coupons	8:30 Music Hour- Bing Crosby 10:00 Froggy Dice 10:40 Would You Rather 11:20 Walking Club 2:00 Baking Club- COOKIES 2:40 Chicken Soup for The Soul 3:25 Last Word 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Music Hour- Hank Williams Jr. 10:00 Wild 1's 10:40 Chat Pack 11:20 Exercise with Daron 2:00 Basket of Cards 2:40 Balloon Tennis 3:25 Rapids Recall 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Cutting Scrap Paper	8:30 Music Hour- 50's & 60's tunes 10:00 Bowling Dice 10:40 Scruples 11:20 Walking Club 1:15 Culvers Bus Trip \$\$ 2:00 Mystery Activity 3:45 Spiritual Study with Tom 4:10 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Silver Sort	8:30 Music Hour- Johnny Cash 10:15 Spiritually Study With Herald 2:00 BINGO 3:10 Afternoon Conversations 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Folding Towels	8:30 Music of the 40's 10:00 Manicures 10:30 Finishing Lines 11:00 Exercise with Daron 11:30 National Celebrations Day 2:45 Movie and Popcorn 3:30 Afternoon Word Finds 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort
9	10	11	12 National Poinsettia Day	13	14	15
10:00 Sunday Sing Along 10:30 Sunday Crossword Puzzles 11:00 Walking Club 11:30 National Celebrations Day 2:10 Dice Games 2:45 Hot Chocolate and cookies 3:15 Cards/Puzzles 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Motown Music Hour 10:00 CLR 10:40 Tell Me a Story 11:20 Exercise with Daron 1:30 I World Kindness Day Prep 3:25 Battle Trivia 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Cutting Coupons 7:15 VIKINGS GAME	10:00 High Roller Dice 10:40 Playing Favorites 11:20 Walking Club 1:15 Table Games 3:10 Afternoon Coffee/ Snack 3:25 Password 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	10:00 Poinsettia Craft-part 1 11:20 Walking Club 2:00 Poinsettia Craft-part 2 3:25 Quick Thinkers 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Cutting Scrap Paper	10:00 Lighting Dice 10:40 Scruples 11:20 Exercise with Daron 1:15 Cold Spring Bakery Bus Trip \$\$ 2:00 Mystery Activity 3:45 Spiritual Study with Tom 4:10 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Silver Sort	10:15 Spiritually Study With Herald 2:00 BINGO 3:10 Afternoon Conversations 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Folding Towels	8:30 Music of the 40's 10:00 Manicures 10:30 Memory Joggers 11:00 Exercise with Daron 11:30 National Celebrations Day 2:45 Movie and Popcorn 3:30 Afternoon Word Finds 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort
16	17	18	19	20	21 Winter Begins	22
10:00 Sunday Sing Along 10:30 Sunday Crossword Puzzles 11:00 Walking Club 11:30 National Celebrations Day 12:00 VIKINGS GAME 2:10 Dice Games 3:15 Cards/Puzzles 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Motown Music Hour 10:00 Shake em Stright 10:40 Finishing Lines 11:20 Exercise with Daron 1:30 Shake em All 2:40 21 or Burst 3:25 Scattergories 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Cutting Coupons	10:00 Skunked Dice 10:40 Family Fued 11:20 Walking Club 1:30 Picture it 2:40 Tic Tac Toe 3:10 Afternoon Coffee/ Snack 3:25 Name 10 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	10:00 In The Dog House 10:40 Cocktail Farty 11:20 Exercise with Daron 1:30 Flag Decorating 3:25 Birthday Mad Libs 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Cutting Scrap Paper	10:00 UGLY Sweater Coloring Contest 11:20 Walking Club 1:30 Live entertainment (AL) 2:00 Mystery Activity 3:45 Spiritual Study with Tom 4:10 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Silver Sort	10:15 Spiritually Study With Herald 1:30 Holiday BINGO 3:10 Holiday Social 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Folding Towels	8:30 Music of the 40's 10:00 Manicures 10:30 Jogging Memories 11:00 Exercise with Daron 11:30 National Celebrations Day 2:45 Movie and Popcorn 3:30 Afternoon Word Finds 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort
23	24	25	26 National Candy Cane Day	27	28 National Pledge Allegiance Day	29
10:00 Sunday Sing Along 10:30 Sunday Crossword Puzzles 11:00 Walking Club 11:30 National Celebrations Day 12:00 VIKINGS GAME 2:10 Dice Games 2:45 Hot Chocolate and cookies 3:15 Cards/Puzzles 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	8:30 Motown Music Hour 10:00 Crabby Dice 10:40 Life Stories 11:20 Exercise with Daron 1:30 Horse Racing 2:40 Lawn Darts 3:25 Things, Things, Things 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Cutting Coupons	10:00 Gone Nuts Dice 10:40 Tell Me a Story 11:20 Walking Club 1:30 Table Ball 2:40 Washer Toss 3:00 3:25 All Around Town 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort	10:00 Candy Cane Dice 10:40 Rhyme or Reason 11:20 Exercise with Daron 2:20 Eat Health/Live Strong Cooking Demo w/ Chef Randy 3:25 All Around Town 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Cutting Scrap Paper	10:00 CLR 10:40 Scruples 11:20 Walking Club 1:15 Mystery Bus Trip \$\$ 2:00 Mystery Activity 3:45 Spiritual Study with Tom 4:10 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands- Silver Sort	10:15 Spiritually Study With Herald 12:00 Monthly Fast Food Lunch-McDonald's 2:00 America BINGO 3:10 Afternoon Conversations 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Folding Towels	8:30 Music of the 40's 10:00 Manicures 10:30 Finishing Lines 11:00 Exercise with Daron 11:30 National Celebrations Day 2:45 Movie and Popcorn 3:30 Afternoon Word Finds 4:00 Dining Room Set Up/Little House 6:00 Religious Meditation 7:00 Helping Hands-Silver Sort